

June Lunch Middle & High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 NO SCHOOL	30 <ul style="list-style-type: none"> Chicken Tinga Hard Shell Tacos Cheese Quesadilla V Spinach Salad w/Oven Fired Flatbread V Sweet Plantains Three Bean Salad Fresh Banana Fresh Pear 	31 <ul style="list-style-type: none"> Cheese Pizza V Bean & Cheese Enchiladas w/ Spanish Rice V Falafel & Veggie Sub V Roasted Broccoli & Carrots Caesar Side Salad Orange Wedges Red Seedless Grapes 	JUN 1 <ul style="list-style-type: none"> Turkey Hot Dog Teriyaki Chicken & Rice Bowl Buffalo Chicken Wrap Teriyaki Vegetables Sweet Yellow Corn Fresh Blueberries Diced Peaches 	2 <ul style="list-style-type: none"> Enchilada Suiza Fajita Vegetable Quesadilla V Sun Butter & Jelly Sandwich VE Mexican Roasted Sweet Potatoes Tomato Cucumber Salad Fresh Whole Apple Mixed Fruit Salad
5 <ul style="list-style-type: none"> Chicken & Broccoli Alfredo w/Whole Grain Breadstick Glorious Mac & Cheese w/Garlic Knot V Hearty Garden Salad w/ Tortilla Chips V Roasted Tuscan Vegetables Caesar Side Salad Fresh Tangerine Diced Pears 	6 <ul style="list-style-type: none"> French Toast Sticks w/Turkey Sausage Patty & Syrup Cameroon Grilled Chicken Drumstick w/ Flatbread Egg Salad Sandwich V Garlic Mashed Potatoes Sweet Peas Fresh Blueberries Diced Peaches 	7 <ul style="list-style-type: none"> Chicken Cordon Blue Burger Bean & Cheese Burrito V Classic Hummus Box VE Basil Corn Salad Strawberry & Greens Salad Mixed Fruit Salad Fresh Nectarine 	8 <ul style="list-style-type: none"> Butter Chicken w/Brown Rice Sweet & Sour Chicken w/ Brown Rice Jerk Chicken Wrap Roasted Broccoli & Carrots Garden Side Salad Fresh Whole Apple Green Seedless Grapes 	9 <ul style="list-style-type: none"> Buffalo Chicken Pizza Chicken Fajitas w/ Spanish Rice Chicken Salad Sandwich Seasoned Black Beans Collard Greens Fresh Pear Applesauce
12 <ul style="list-style-type: none"> Peri Peri Chicken & Jollof Rice Black Bean & Sweet Potato Quesadilla w/ Salsa V Buffalo Chicken Wrap Sweet Plantains Mexican Corn Fresh Tangerine Red Seedless Grapes 	13 <ul style="list-style-type: none"> Buffalo Chicken Pizza Chana Masala w/ Oven Fired Flatbread V Sunbutter & Jelly Sandwich VE Sauteed Kale w/ Ginger Caesar Side Salad Banana Diced Peaches 	14 <ul style="list-style-type: none"> Herb Roasted Drumstick w/ Dinner Roll Enchilada Suiza Classic Hummus Box VE Garlic Mashed Potatoes Oven Sauteed Spinach Green Seedless Grapes Fresh Whole Apple 	15 <ul style="list-style-type: none"> Cheese Pizza V Cauliflower, Chickpea & Potato Curry w/ Brown Rice V Hearty Garden Salad w/ Tortilla Chips VE Roasted Broccoli Seasoned Potato Wedges Fresh Blueberries Fresh Pear 	16 <ul style="list-style-type: none"> Glorious Mac & Cheese w/ Garlic Knot V Veggie Burger V Sweet Thai Chili Chicken Wrap Moroccan Spiced Carrots Parmesan Green Beans Fresh Peach Mixed Fruit Salad
19 NO SCHOOL	20 <ul style="list-style-type: none"> Spaghetti & Marinara & Turkey Meatballs w/ Cheesy Breadstick Fajita Chicken Nachos Sun Butter & Jelly Sandwich VE Roasted Tuscan Vegetables Parmesan Green Beans Fresh Pears Fresh Blueberries 	21 <ul style="list-style-type: none"> Cheeseburger Generals Tso Chicken w/ Brown Rice Chicken Salad Sandwich Roasted Broccoli & Carrots Sweet Plantains Oranges Wedges Fresh Whole Apples 	22 <ul style="list-style-type: none"> Spicy Asian Chicken Fajita Vegetable Quesadilla V Hearty Garden Salad w/ Tortilla Chips V Collard Greens Sweet & Sour Vegetables Applesauce Banana 	23 NO SCHOOL

Food Celebrations

Strawberry & Greens Day
6/7- Strawberry & Greens Salad

World of Flavors- Africa
6/12- Peri Peri Chicken & Jollof Rice

V- Vegetarian (including milk and eggs)

VE- Vegan

Locally Sourced

Student's choice of skim or 1% hormone-free milk provided at every meal

This menu is subject to change **based upon availability**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 NO SCHOOL	30 • Veggie Burger V • Sweet Plantains • Three Bean Salad • Fresh Banana • Fresh Pear	31 • Cauliflower Chickpea & Potato Curry w/Brown Rice V • Roasted Broccoli & Carrots • Caesar Side Salad • Orange Wedges • Red Seedless Grapes	JUN 1 • Veggie Pizza V • Teriyaki Vegetables • Sweet Yellow Corn • Fresh Blueberries • Diced Peaches	2 • Bean & Cheese Nachos V • Mexican Roasted Sweet Potatoes • Tomato Cucumber Salad • Fresh Whole Apple • Mixed Fruit Salad
5 • Veggie Pizza V • Roasted Tuscan Vegetables • Caesar Side Salad • Fresh Tangerine • Diced Pears	6 • Rainbow Vegan Chili w/ Dinner Roll V • Garlic Mashed Potatoes • Sweet Peas • Fresh Blueberries • Diced Peaches	7 • Bean & Cheese Burrito V • Basil Corn Salad • Strawberry & Greens Salad • Mixed Fruit Salad • Fresh Nectarine	8 • Asian Noodle Bowl w/ Broccoli V • Roasted Broccoli & Carrots • Garden Side Salad • Fresh Whole Apple • Green Seedless Grapes	9 • Garden Veggie Wrap VE • Seasoned Black Beans • Collard Greens • Fresh Pear • Applesauce
12 • Bean & Cheese Nachos V • Sweet Plantains • Mexican Corn • Fresh Tangerine • Red Seedless Grapes	13 • Veggie Tortellini w/Cheesy Breadstick V • Sauteed Kale w/ Ginger • Caesar Side Salad • Banana • Diced Peaches	14 • Grilled Cheese Sandwich V • Garlic Mashed Potatoes • Oven Sauteed Spinach • Green Seedless Grapes • Fresh Whole Apple	15 • Veggie Burger V • Roasted Broccoli • Seasoned Potato Wedges • Fresh Blueberries • Fresh Pear	16 • Vegetarian Paella & Edamame w/ Dinner Roll V • Moroccan Spiced Carrots • Parmesan Green Beans • Fresh Peach • Mixed Fruit Salad
19 NO SCHOOL	20 • Grilled Cheese Sandwich V • Roasted Tuscan Vegetables • Parmesan Green Beans • Fresh Pears • Fresh Blueberries	21 • Asian Noodle Bowl w/ Broccoli V • Roasted Broccoli & Carrots • Sweet Plantains • Fresh Whole Apple • Oranges Wedges	22 • Veggie Tortellini w/Cheesy Breadstick V • Collard Greens • Sweet & Sour Vegetables • Applesauce • Banana	23 NO SCHOOL

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